Bulletin 1

Luxembourg Orienteering Club welcomes you to its 2021 City Race Euro Tour weekend. Enjoy the experience of orienteering in the Grand Duchy – this time a two-day event with **forest and urban orienteering**, **on October 23 and 24**, **2021**.



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Covid-19 measures

In accordance with procedures agreed with the Luxembourg Ministry of Health in order to allow the event to take place, to be permitted **either** to run at the event **and/or** to be permitted to enter either of the event centres, a valid EU COVID Certificate (in Luxembourg known as "CovidCheck certificate") with a QR code will be required, on paper or in digital form. The only certificates that can be accepted *without* a QR code are those issued in Luxembourg by persons authorised to do so (e.g. a school or local authority; usually restricted to Luxembourg residents). All participants need to be either fully vaccinated, recovered or negatively tested. This applies to all participants 6 years and older.

The organisers will not be able to provide rapid antigenic tests.

Please note the Luxembourg rules for the CovidCheck certificate as published here: https://covid19.public.lu/en/covidcheck/certificate.html

More generally, please note the Covid-19 related measures currently in force in Luxembourg published here: https://covid19.public.lu/en/sanitary-measures.html

By 17 October we expect to know with certainty if the race can take place according to the pandemic-related government restrictions in force at that time.

The Race

Two days event, each day counts as a separate race, results are not combined.

Saturday – a **Middle Distance** forest race, in the Bambësch forest 3km from the Luxembourg city centre (Start and Finish area at the Bambësch Leisure Center, Rue de Bridel – exact details will be published in Bulletin 2 before the event, maximum distance from the Parking to Start/Finish area 1km or 20 minutes on foot). New map with valleys with sandstone rocks, dense path network.

Sunday – a **Long Distance** urban race part of the 2021 City Race Euro Tour in orienteering, which will take place in Luxembourg's Old Town, and the historic Grund and Pfaffenthal areas. The exact location of the competition centre will be published in Bulletin 2 before the event (maximum distance from the Parking to Start/Finish area 1km or 20 minutes on foot). Run in Vauban fortifications and by 21st century EU institutions. Be ready for complex route choices, steep climbs and narrow alleys – find out why Luxembourg is called "the Gibraltar of the North". New map – double the area used in our previous race in 2017.

Participants are responsible for their own physical fitness for the competition and health during the event.

Terrain

Saturday – near-city forest with a dense network of paths and tracks, predominantly beech forest with some mixed pine and fir tree areas, cut by shallow valleys enclosed sandstone rockfaces. Runnability very good to medium.

Sunday – streets and parks of the historic city with mostly paved surfaces and stairs, with several park areas. Flat in the Ville Haute (Luxembourg Old Town), with steep slopes to the valley of the Alzette river which flows through the city.

Map

Saturday (Forest Race) – **1:10 000** scale, contour interval **5 metres**. To IOF standard **ISSOM 2017**. Mapping by Marian Cotirta in July 2020, updated in 2021.

Sunday (Urban Race) – **1:4 000** scale, contour interval **5 metres**. To IOF standard **ISSporM 2019**. Mapping and update by Thibaut Derenne in August 2021.

Map samples:



Dates and Start Times

Saturday 23 October 2021 – First start at **14:00.** Individual interval start with pre-set starting times for all age classes. Start lists to be published the week before the event at the latest.

12:00 Event Centre opens14:00 First start time17:00 Event Centre closes

Sunday 24 October 2021 – First start at **10:00.** Individual interval start with pre-set starting times for all age classes. Start lists to be published the week before the event at the latest.

08:30 Event Centre opens10:00 First start time14:00 Event Centre closes

Electronic Punching/Timing System

SPORTident punching system will be used for both days, with SI Air+ punching mode activated. SPORTident cards (but not SIAC cards) will be available to hire.

Renting: € 2, with ID or € 50 as deposit for safe return.

Classes and Entry Fees

Class	Age Group	Birth Years	Entry Fee Saturday	Entry Fee Sunday
Men Elite City Race	H21, H35 (Open)	Open (1980 – 2000)	8€	12 €
Women Elite City Race	D21, D35 (Open)		8€	12 €
Veteran Men	H40, H45, H50	1967 - 1981	8€	12€
Veteran Women	D40, D45, D50		8€	12€
SuperVet Men	H55, H60	1957 - 1966	8€	12€
SuperVet Women	D55, D60		8€	12€
UltraVet Men	H65, H70	1947 - 1956	8€	12€
UltraVet Women	D65, D70		8€	12€
HyperVet Men	H75 +	1946 or earlier	8€	12 €
HyperVet Women	D75 +		8€	12€
Junior Men	H18, H20	2001 - 2004	5€	7€
Junior Women	D18, D20		5€	7€
Youth Men	H14, H16	2005 - 2008	5€	7€

Class	Age Group	Birth Years	Entry Fee Saturday	Entry Fee Sunday
Youth Women	D14, D16		5€	7€
Children Boys	H10, H12	2009 or later	5€	7€
Children Girls	D10, D12		5€	7€
Open Short		Open	8€	12 €
Open Medium		Open	8€	12 €
Open Longer		Open	8€	12 €

Details of **course lengths**, **climb**, **and number of controls for** each day will be published in Bulletin 2 before the event, and before 11 October 2021. The courses will be set with the following winning times in minutes.

Class	Age Group	Estimated winning time Saturday [minutes]	Estimated winning time Sunday [minutes]
Men Elite City Race	H21, H35 (Open)	40	60
Women Elite City Race	D21, D35 (Open)	40	55
Veteran Men	H40, H45, H50	35	50
Veteran Women	D40, D45, D50	35	50
SuperVet Men	H55, H60	35	45
SuperVet Women	D55, D60	35	40
UltraVet Men	H65, H70	35	40
UltraVet Women	D65, D70	35	35
HyperVet Men	H75 +	35	35
HyperVet Women	D75 +	35	30
Junior Men	H18, H20	35	50
Junior Women	D18, D20	35	45
Youth Men	H14, H16	35	40
Youth Women	D14, D16	35	35
Children Boys	H10, H12	20	20
Children Girls	D10, D12	20	20
Open Short		20	25
Open Medium		35	35
Open Longer		35	50

During Sunday's City Race the Junior and Children's courses are planned to avoid any busy road crossings.

Registration

Pre-entries are open from 1 September until 17 October via opunch.org (<u>Sat</u>, <u>Sun</u>) and orienteeringonline.net (<u>Sat</u>, <u>Sun</u>). **No on-site entries will be possible**.

When entering, please be sure to select the correct Age Group designation for the Class you wish to run.

Opunch.org offers club payment for for runners registered in Belgium or Luxembourg, and payment by credit card for all other runners. If you prefer a bank transfer, register via Orienteering Online. In case of a bank transfer please pay all entry fees due to the Luxembourg OC bank account:

BCEELULL, IBAN: LU22 0019 5955 5007 4000

When making your transfer, please quote the OrienteeringOnline reference (shown under the "Club fees" tab, or simply state your club's name) as well as a brief indication of family name, club and number of entries.

If you are entering from Great Britain, please contact the organiser to arrange fee-free payment.

By 17 October we expect to know with certainty if the race can take place according to pandemic-related government restrictions in force at that time. Should the event be cancelled or postponed, you will be able to choose between a full refund of the entry fee already paid by credit card or bank transfer (minus bank fee, if any) or to maintain your entry for the rescheduled date.

Event Centre

Given current circumstances, the Event Centre facilities for each day will be minimized as much as possible. A shelter (storage area), SPORTident electronic punching/timing device rental, result download, and toilet facilities will be provided. If the pandemic regulations allow, the bar will be open.

The Event Centre will **not** offer showers, formal changing facilities, or a crèche.

Special Attention

For **Saturday** Forest Race – on the way from the parking to the competition centre and to Start / Finish area, participants will have to cross some streets, please pay attention to the general traffic. There is no road crossing expected during the course.

For **Sunday** City Race – the competition area is mainly on old city streets. Although traffic

should be light on the Sunday morning, cars are present. Please follow the "code de la route", do not run into roads without looking, and do not obstruct the passage of any cars.

The competition area used by competitors aged over 16 has some very steep and long drops – please be careful.

All competitors take part at their own risk. Luxembourg OC does not assume any liability.

Accommodation

- Youth hostels: there is a number of youth hostels offering good quality accommodation for a reasonable price. Expect about 25 euros for a B&B formula. The locations include exquisite places: the hostel in Luxembourg city is on the Sunday map and is 5 minutes' walk from the city centre. https://youthhostels.lu/en
- In a camper: two campsites welcoming campervans are located in villages neighbouring the city: <u>Kockelscheuer</u> and <u>Alzingen</u>. Further away from the city: https://www.visitluxembourg.com/en/eat-sleep/camping-car-sites
- Hotels and other: https://www.visitluxembourg.com/en/eat-sleep

Event Officials

- Planners David Roach and Olexandr Rybakov, Luxembourg OC
- Controller Jonas Wolff, Luxembourg OC
- Organiser Luxembourg Orienteering Club please contact for queries via weekend2021@orienteering.lu